

DUOLIFE Endocrine System pack



DUOLIFE Endocrine System pack features a carefully selected composition of products supporting the proper functioning of the body, adjusted to its daily rhythm.

The endocrine system is responsible for maintaining the body's internal balance – homeostasis. It consists of glands located in different parts of the body, responsible for the production and secretion of hormones that ensure proper functioning of organs as well as the entire body. Dysfunctions of the endocrine system disrupt the body's homeostasis, which may lead to various ailments.

The DUOLIFE Endocrine System functional pack contains*:

- 1 x DUOLIFE Vita C;
- 1 x DUOLIFE Day and Night set;
- 1 x DUOLIFE RegenOil Liquid Gold®,
- 2 x DUOLIFE Collagen Powder;
- 1 x ProRelaxin®.

Recommended use of the food supplements from the DUOLIFE Endocrine System Pack:**

In the morning:

DUOLIFE Vita C – 25 ml before breakfast;

DUOLIFE Day – 25 ml with breakfast;

DUOLIFE RegenOil Liquid Gold® – 5 ml with breakfast – can be added to lunch or salad.

Lunch time:

DUOLIFE Collagen Powder – 1 sachet every other day, dissolved in a glass of water or other liquid and mixed thoroughly.

In the evening:

DUOLIFE Night – 25 ml with supper;

ProRelaxin® – 2 capsules before supper.

Want to learn more?

Hormones affect virtually all physiological processes of the body, acting as chemical signals that transmit information. The human body produces around 70 hormones that can signal inflammation, reproduction-related processes, hunger, satiety, energy levels and almost every other function needed for survival. One of the most important glands producing hormones that affect the body's metabolism and processes is the thyroid gland.

The thyroid gland is a gland composed of two connected lobes, located on the front of the neck. It produces such hormones, as thyroxine (T4) and triiodothyronine (T3) as well as calcitonin, which determine the proper functioning of many systems and organs in our body.

Thyroxine and triiodothyronine increase the metabolic rate by increasing heat generation and enhancing oxidation processes in tissues, condition the breakdown of fats and the absorption of glucose from the gastrointestinal tract and its consumption by cells. These hormones are also responsible for the development and maturation of the nervous and skeletal systems, sex glands function, lactation and reproduction, as well as optimal mood and well-being of the skin and hair. Calcitonin is a hormone secreted by both the thyroid and parathyroid glands and is responsible for the deposition of calcium and phosphate in the bones.

Chemicals in plastics, pesticides, food additives and many commonly used household items can have an adverse effect on the health and hormonal balance of the body.

**One pack, when used on a regular basis by one adult, is enough for about 1 month. When using food supplements in liquid form, the dose may be increased to the maximum daily dose indicated for the given product. In this case, extra packages of the product have to be purchased in addition to the pack.*

*** Recommended duration of supplementation: 3 months.*